



KARKIDAKAM

A DETOX & IMMUNITY BOOSTING AYURVEDIC PROGRAM DURING KERALA-MONSOON SEASON

7 NIGHTS / 14 NIGHTS / 21 NIGHTS

PACKAGE INCLUSIONS

Premium Room (Single or Family)*
Daily 60 Minutes Morning Treatment
Daily 30 Minutes Evening Therapy
Morning & Evening Ayurvedic Cleansing Rituals
Regulated diet meals for Breakfast, Lunch & Dinner
Daily Health Drinks (Morning / Evening)
Internal Medication as appropriate
Mind-Detox Programs with Mindfulness Coach
Complimentary Karkidaka Kit

We highly recommend individual / single rooms during the treatment if for non-family members

Reserve now: +91 90724 27 000

ALL SEASONS
D'FORT
PRIDE OF *Ayurveda*